

ian

International attachment Network

Attachment & Children

A ground breaking course bringing the attachment lens to teaching, parenting and therapeutic work.



**Diploma & Certificate
Online Course
NOV 2022 - JULY 2024**

Promoting the fundamental role of attachment theory in all aspects of human connection.



WELCOME TO



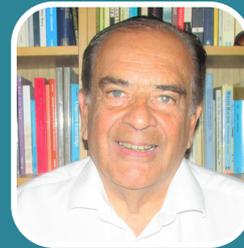
ian international attachment network

In my capacity as Chairman of the International Attachment Network, UK, and on behalf of this organisation, I am thrilled to announce this innovative course on Attachment and Children.

Attachment theory can be applied to developmental and social research, psychotherapy, psychiatry, social work, education and mental health promotion. The International Attachment Network has sections in many European and Latin American Countries, Asia (India, Pakistan and China) as well as in Australia and New Zealand. It also has representatives in the USA and Canada.

In this course, we have gathered experts from around the world to run a groundbreaking and comprehensive course'

Attachment theory, originally proposed by the British psychiatrist and psychoanalyst John Bowlby, is a way of explaining how early experiences in close relationships influence mental health, general health and the general sense of emotional wellbeing of individuals, families and communities. In this context, early parent-children relationships play a fundamental role in personality development.



Mario Marrone
Chairman
International
Attachment Network

Dr Mario Marrone founded the International Attachment Network in 1992 having been directly supervised by the founder of Attachment Theory, John Bowlby, at the Tavistock Clinic in London.

He remains a very active member of the IAN Executive Committee and is the coordinator for the IAN International Liaison Committee.

Mario was a co-founder of the Journal for Attachment and Human development and has published and lectured extensively across the world on the subject of attachment theory.

Formerly a consultant psychiatrist in the NHS, Mario is now a psychoanalyst in private practice.

MEET THE TEAM



Rebecca Sheikh



Jonathan Lloyd



Denise Dunne



Nicola Jones



Kate Brown



Jackie Williams



ATTACHMENT & CHILDREN ONLINE DIPLOMA (2 YRS) & CERTIFICATE (1 YR)

Developing the emotional wellbeing of our children, young people, teachers and parents to enable the exploration of new possibilities for them to flourish, for those caring for children from birth to adolescence.

A transformative online course, where you can choose to either study the Diploma for 2 years or the Certificate, for one year.

This course is for:

- Parents
- Grandparents
- Foster parents
- Adoptive parents
- Teachers
- Child support workers
- Therapists working with families & children
- Play therapists



ATTACHMENT THEORY PROVIDES THE MOST RELIABLE RESEARCH BASED APPROACH TO UNDERSTANDING HOW INDIVIDUALS FORM CLOSE RELATIONSHIPS AND REGULATE EMOTIONS ACROSS THEIR LIFE SPAN, FROM CRADLE TO GRAVE.

What you will gain from the course:

- Making your work as a teacher or being a parent so much easier by bringing a deeper understanding, ease and fulfilment to your relationships with your children and children in your care.
- Understand the essential qualities of healthy caregiving and its interaction with the attachment (careseeking) system, which enable our children to thrive and flourish by drawing on attachment theory, neuroscience and trauma research.
- To be the best caregivers (parent or professional) requires that you explore your own experience of being cared for. It will bring the subject to life for you.
- Share experiences and develop new ideas and practices.
- In addition to the seminars, become part of a community with bi-weekly reflective spaces with an online community to share, reflect & collaborate.
- Engaged in the most important work of our society, providing practical support to parents, teachers and professionals to facilitate transformation of your parenting or working practices.



Topics to be explored:

- Managing tears and tantrums
- The value of different types of play
- The brain science of relationships
- Parenting in a digital age
- Parental separation and conflict
- Dispelling unhelpful myths
- The impact of trauma
- Understanding the nervous system
- Transformative practices such as interfamily therapy
- Discipline without the use of rewards and punishments
- The power of connection
- The transformative impact of listening
- Neurodiversity & neuropsychiatric conditions
- Intergenerational trauma

Individuals

Parents, grandparents, foster and adoptive parents, teachers, child support workers and therapists can register for the individual plan.

- Option to study 1 Year Certificate or 2 Year Diploma (80% attendance on Year 1 and year 2 required starts Jan in both years)
- Seminars delivered by experts from around the World
- 23-40 seminars to explore attachment possibilities
- Access to all the seminar recordings for the duration of the course
- Bi-weekly reflective spaces to share and discuss topics explored
- Access to the Mighty Networks online community platform
- Receive bonus seminars and materials to further your understanding of attachment
- Includes IAN membership
- A mainly experiential course with 2 reflection papers
- 4-6 hours a month time commitment (2 hour seminars one Saturday a month, reflection spaces on Thursday evenings bi-weekly and reading time)

SAVE £££'S BY
PAYING FULL PRICE

Individual Plans

[View Full Course Plans here.](#)

- [2 year Diploma - Pay Monthly: £50.00](#)
- [2 year Diploma - One time payment £999](#)
- [Year 1 Certificate* - Pay Monthly: £50.00](#)
- [Year 1 Certificate* - One time payment £499](#)
- OR
- [Year 2 Certificate* - Pay Monthly: £50.00](#)
- [Year 2 Certificate* - One time payment £499](#)

*Option to choose either year 1 or year 2 for Certificate

Schools & Organisations

The school package includes 5 members (i.e. Head Teacher, SENCO, Teacher, Support Staff and Parent)

The 5 participants enjoy all the benefits of the certificate/diploma course: IAN membership, access to the seminars for the duration of the course, bi-weekly reflective spaces and bonus material.

- Receive the seminar link to be shared with staff and parents after the event FOR FREE so the ENTIRE community can benefit from the material. (Valid for 14 days)
- Learn with over 20 Hours (Certificate) - 40 Hours (Diploma) of CPD on the latest understanding in attachment.
- For those attending the 'live' course you will be eligible for a certificate in 'Attachment & Children.'(80% attendance on Year 1 and year 2 required starts from Jan in both years)
- 4-6 hours a month time commitment (2 hour seminars one Saturday a month, bi-weekly reflection spaces on Thursday evenings and reading time).
- A mainly experiential course with 2 reflection papers.

Equivalent to:
1 Yr worth of CPD for
£200 per person

Organisational Plans

- [2 year Diploma - £1,998](#)
- [Year 1 Certificate - £999](#)
- OR
- [Year 2 Certificate - £999](#)

*Option to choose either year 1 or year 2 for Certificate



MEET THE EXPERTS - YEAR 1

Dr Nicola Diamond



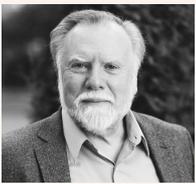
What is attachment theory and why is it relevant in relationship to parenting and caring for children?

12 Nov 2022

**10:00 - 12:00
GMT**

Dr Diamond is a Senior Lecturer in Psychosocial Studies, University of East London, and teaches at the Tavistock Clinic. She is also a Psychoanalytic Psychotherapist (BPC reg). She runs a private practice. She previously worked as a psychotherapist for The Helen Bamber Foundation (for survivors of torture and trauma) and at the Women's Therapy Centre in London.

Dr Gordon Neufeld



Bridging Separation: How to Relate As Our Children Grow Into Adolescence and Need Us Less

26 Nov 2022

TBC

Dr. Gordon Neufeld is a Vancouver-based developmental psychologist with over 45 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a bestselling author (Hold On To Your Kids) and a leading interpreter of the developmental paradigm.

Dr Una McCluskey



Exploring the Dynamics of Attachment between Adults and Children: A Guide for Parents and Teachers

10 Dec 2022

**10:00 - 12:00
GMT**

Dr. Una McCluskey DPhil is an Honorary Research Fellow at the University of York and full non-clinical member of the UKCP (now retired from clinical practice). Best known for her research in the field of empathic attunement in adult psychotherapy, she introduced the concept that the 'offer to treat' arouses the dynamics of attachment in both the care-seeker and the caregiver.

Patty Wipfler



Listening: Vital for Any Relationship - Essential for Our Children.

14 Jan 2023

**14:00 - 16:00
GMT**

Patty Wipfler founded the non-profit Hand in Hand Parenting in 1989 to help parents when parenting gets hard. Her 45 years of work with parents and children are centered on a simple but powerful parenting approach that is focused on the power of listening, parent-to-parent and parent-to-child.

Pam Leo



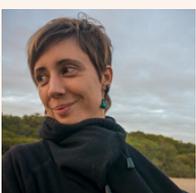
Cultivating Cooperation through Creating a Caring Connection

28 Jan 2023

**14:00 - 16:00
GMT**

Pam Leo, is a family literacy activist, a read-aloud advocate, founder of the Book Fairy Pantry Project, the author of Connection Parenting, and a new children's book, Please Read To Me. Pam has worked with children and families for more than forty years. From her work with teen parents, parents in prison, parents in recovery, and low income parents.

Mama Manon



Nervous System Regulation for Deeper Attachment

11 Feb 2023

TBC

Mama Manon is a gentle and compassionate soul committed to supporting parents with Aware Parenting, Attachment Play and somatic trauma healing. Trained in Somatic Experiencing, she is passionate about understanding adults and children through the lens of the Nervous System. Her work supports mums and dads towards greater embodiment and deeper attachment with their children.

MEET THE EXPERTS - YEAR 1

Lael Stone



Raising Emotionally Aware Children: Using non punitive discipline

11 Mar 2023

**09:00 - 11:00
GMT**

As a champion of connection and creating harmony in families, Lael Stone is an educator, TEDx speaker, author, mother, and parenting counselor who has been working with families for over 18 years. As a Parenting Educator, she facilitates workshops and support groups that empower parents to create connections and stronger relationships with their children.

Jürgen Peeters



Our family system: How to enrich the society of tomorrow through the attachment lens

25 Mar 2023

**10:00 - 12:00
BST**



Jürgen Peeters is a teacher, psychotherapist, author, level 2 Aware Parenting Instructor and a father. He set up a Belgian-Dutch network with professionals who want to help parents and other professionals to parent in a more attuned and empowering way. He specialised in family and organisational systemic work, mediation and leadership.

Mr Chazz Mr Chazz



BONUS seminar: Fathers and Father Figures

1 Apr 2023

**Time to be
announced**

Mr Chazz is a childhood education specialist and public figure bringing residence and connection to families around the world.

Dr Sue Jennings



Neuro-Dramatic Play including issues of LGBTQ+ trans: Enabling Form and Order from Mess and Chaos

13 May 2023

**10:00 - 12:00
BST**

Professor Sue Jennings PhD is Visiting Professor at the University of Derby, Honorary Fellow of the University of Roehampton, anthropologist, performer, author and Professor of Play - awarded by the European Federation of Drama therapy. She has been a pioneer of Drama therapy and Play Therapy in the UK and overseas.

René Veugelers



Listening in Three Directions: When Children Know We Are Present To Them, Strengthening Our Bonds

10 Jun 2023

**10:00 - 12:00
BST**

As a Focusing Oriented Therapist, Art therapist specialising in Children's Focusing, with an emphasis on the non-verbal world, René teaches worldwide parents, therapists, teachers how to be with children in a Focusing way, how to (re)connect to their own inner child experiences and how to integrate creativity and flexibility into their life and work.

Elmer Postle



Birth, Bonding and Attachment: Relating to Babies as Sentient Beings

1 Jul 2023

**10:00 - 12:00
BST**

Elmer has a Biodynamic Craniosacral practice where he works with families to heal bonding and attachment issues. He has studied extensively in birth psychology and physiology and has diplomas in: Prenatal and Birth Therapy with Raymond Castellino (1999), Source Process and Breathwork with Binnie A Dansby (2006) as well as Biodynamic Craniosacral Therapy with Katherine Ukleja at the Craniosacral Therapy Educational Trust (2012).

MEET THE EXPERTS

Robin Grille



Reflections on Your Childhood: Essential for fully appreciating how you parent or teach

15 Jul 2023
09:00 - 11:00
BST

Robin Grille is a psychologist in private practice, international speaker, trainer and parenting educator. He is the author of three internationally acclaimed books: 'Parenting for a Peaceful World', 'Heart to Heart Parenting' and 'Inner Child Journeys'.

22 Jul 2023

10:00 - 12:00
BST

Celebration Session

A surprise event to celebrate a year of connection.

**Regular
reflective
spaces dates
and times:**

These are held on Thursday evenings 7pm-8pm for therapeutic professionals and 8pm -9pm for teachers and parents.

17th November 2022	2nd February 2023	20th April 2023	20th July 2023
1st December 2022	2nd March 2023	18th May 2023	
15th December 2022	16th March 2023	15th June 2023	
19th January 2023	30th March 2023	29th June 2023	

'THERE ARE, IN FACT, NO MORE IMPORTANT COMMUNICATIONS BETWEEN ONE HUMAN BEING AND ANOTHER THAN THOSE EXPRESSED EMOTIONALLY, AND NO INFORMATION MORE VITAL FOR CONSTRUCTING AND RECONSTRUCTING WORKING MODELS OF SELF AND OTHER THAN INFORMATION ABOUT HOW EACH FEELS TOWARD THE OTHER.'

JOHN BOWLBY



MEET THE EXPERTS - YEAR 2

Catherine Counihan



Caring from our own trauma. Aspects of intergenerational trauma

16 Sep 2023

**10:00 - 12:00
BST**

Catherine Counihan is an Integrative Psychotherapist working in private practice in London. She is the mother of twin girls and one of her areas of expertise is the intersection between our own trauma and our parenting. Cath specialises in complex trauma, perfectionism, nervous system healing, shifting dysfunctional patterns in our families and reparenting.

Sempere & Fuenzalida



Understanding the developing brain: attachment and neuroscience.

14 Oct 2023

**10:00 - 12:00
BST**

Javier Sempere (Elx, Spain). Psychiatrist. Group and Family Therapist. Founder and director of CTI. President of ASM. Multifamily Group Therapy supervisor. Claudio Fuenzalida (Curicó, Chile). Psychologist. Multifamily Therapist. Clinical coordinator of CTI's day hospital. Multifamily Group Therapy supervisor.

Haline Schendan



Interfamily Therapy: supporting families to support one another and find their own solutions drawing on attachment principles

14 Oct 2023

**10:00 - 12:00
BST**

Haline holds a Ph.D. in Cognitive Science and Neurosciences, and is experienced in academia leading interdisciplinary, internationally recognised research and education programs in cognitive and brain science of vision, learning and memory, personality, temperament, creativity and mental health. She has over 40 publications and received awards for her research, as well as securing funding over £6.5 million.

Ruth Setlak



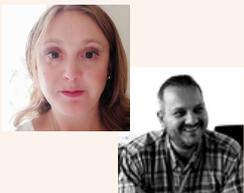
Attachment and PANS/PANDAS: neurological conditions often wrongly assumed to be associated with bad parenting

9 Dec 2023

**14:00 - 15:00
GMT**

Ruth specialises in child/parent attachment, neuro-developmental disorders, adoption, medical disorders such as PANS/PANDAS and chronic illnesses, as well as trauma, parenting dynamics, and building healthy relational dynamics. Ruth is certified in EMDR and DIR/Floortime, as well as Accelerated Experiential Dynamic Psychotherapy.

Dr Andy Farnell
and Kate Brown



Children should be taught ABOUT digital technology, not BY digital technology. Attachment perspectives

13 Jan 2024

**10:00 - 12:00
GMT**

Kate is a Bowlby Centre trained UKCP registered Attachment based psychoanalytic psychotherapist who started her career in therapeutic communities working with adults with a variety of mental health difficulties, and with adolescents individually and in groups. Kate is in private practice in Bournemouth.

Rebecca Sheikh



Healing effects of crying, raging and laughter

10 Feb 2024

**10:00 - 12:00
GMT**

Rebecca is a certified Level 2 Aware Parenting teacher, and her passion lies in helping parents find ways to discipline without the use of punishments or rewards. Previously a primary school teacher, she is the mother of two children. She completed an MA in Counselling in Education at The Tavistock Institute in London and has completed a Foundation Course in Nonviolent Communication.

MEET THE EXPERTS - YEAR 2

Jonathan Lloyd and Theo Lloyd



Attachment and Autism

9 Mar 2024

**10:00 - 12:00
BST**

Jonathan is a senior accredited therapeutic counsellor (NCS), supervisor and senior qualified hypnotherapist. He runs a busy private practice in South Manchester (www.calminds.com) He has lectured at Stockport College and for The Northern College of Creative Hypnotherapy. He has an advanced diploma in Hypnotherapy and a Doctorate in counselling.

Maggie Kline



Trauma- Proofing your Kids

23 Mar 2024

**14:00 - 15:00
BST**

Maggie Kline Family Therapist, School Psychologist, Somatic Experiencing International Faculty Member is co-author with Peter Levine of Trauma through a Child's Eyes and Trauma-Proofing Your Kids and her latest book Brain Changing Strategies to Trauma Proof your Schools.

Lucy Stephens



A Relational Approach to Education

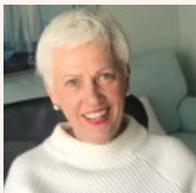
27 Apr 2024

**10:00 - 12:00
BST**



Lucy is the Founder and Director of The New School, an educational charity and democratic school in London. Lucy has spent a number of years researching what a school model of education could look like when it is structured in a way that values relationships, equity and inclusion. With a growing mental health crisis in the UK, Lucy is interested in what we can learn from The New School - a non fee-paying alternative educational model in action.

Nicola Jones



The impact of parental conflict: Its causes and resolutions

11 May 2024

**10:00 - 12:00
BST**

Nicola works as a psychotherapist in private practice with couples, individuals and families, she trained with Relate, the Institute of Family Therapy, The Bowlby Centre and has an MA in Gender Studies, SOAS. Formerly a lawyer, Nicola is teaches attachment theory and trains individual therapists to work with couples. She has undertaken speaking engagements in a variety of international settings.

Nicolas Lorenzini



Mentalising: What We Expect from and Feel about Others and Ourselves: A Key Part of Trauma Healing.

8 Jun 2024

**10:00 - 12:00
BST**

Nicolas is a Chilean clinical psychologist resident in Berlin. MSc in Psychoanalysis, PhD in Psychology. Former researcher of the Anna Freud Centre for Children and Families. Currently Postgraduate Research Fellow at University College London, researcher at and Open Door Young People Service in London and at the Millennium Institute for Depression and Personality in Chile.

22 Jul 2024

**10:00 - 12:00
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5th October 2023	14th December 2023	14th March 2024	13th June 2024
19th October 2023	18th January 2024	18th April 2024	27th June 2024
16th November 2023	1st February 2024	2nd May 2024	18th July 2024

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International attachment Network



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Single Seminars

Available to book without course benefits through Eventbrite

Course payments:

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General Enquiries

ianattachmentcourse@gmail.com

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